46th Annual Archbishop Bergan Cross Country Joe Wojtkiewicz Invitational Thursday, September 7th, 2023

Attention:	Cross Country Coaches and Athletic Directors
Location:	Camp Calvin Crest
Date:	September 7, 2023
Teams:	Archbishop Bergan, Brownell-Talbot, Cedar Bluffs, Cornerstone Christian, DC Aquinas, East Butler, Johnson County Central, North Bend, Omaha Christian Academy, Twin River.
JH Only Tea	
Starting Tim	es: The course may be walked any time after 3:00pm Girls race will start at 4:00pm (JV & Varsity girls will run together) Boys race will start at 4:45pm (JV & Varsity boys will run together) JH Girls race will start at approximately 5:15pm JH Boys race will start at approximately 5:35pm
Scoring:	<u>CLASS D SCORING (run 5-score 3)</u> : We will score the top three varsity runners and push one/two for team scoring. Ties in team scores will be broken by the higher placing non-scoring runner. No team scoring will be kept for the JV division. <u>There will be team scoring and a team champion for the JH races</u> .
Course/Race	The course is clearly marked with ropes & lines with flags marking each turn. There will be officials at various points along the course to direct the runners. Teams will be lined up alphabetically with three runners in front and the rest behind. The finish line is clearly marked at the beginning of the chute.
Awards:	 AWARDS CEREMONY AFTER THE CONCLUSION OF THE LAST RACE A championship and runner-up plaque will be awarded in each of the boys' and girls' varsity team competitions. Individual medals to each of the championship team members in the varsity team races will also be awarded. A championship plaque will be awarded in each of the boys' and girls' JH team competitions. 15 individual medals in each of the varsity competitions. 15 individual ribbons in each of the JV divisions. 15 individual ribbons in each of the JH divisions.
Notes:	Portable restrooms will be available. <u>Calvin Crest restrooms are not available and</u> should not be used.

Course Records: (New course as of 2010)

Girls – 16:35 – Marissa DeWispelare – David City Aquinas – 2011 (3000 meters) Girls – 22:58 – Amanda Aerts – East Butler – 2016 (5000 meters) Boys – 19:00 – Eli Frasher – David City Aquinas – 2016 (5000 meters)

Directions: If coming from the north:

Off Hwy. 77 – Turn west at the first road south of the Platte River Bridge. Follow this winding road $2\frac{1}{2}$ miles to the intersection with the Camp Calvin Crest sign. Turn right (north) and follow into camp.

If coming from the south:

Off Hwy. 109 - The turn to the camp is approximately 3 miles east of Cedar Bluffs. The sign will direct you north off the highway, go approximately 1.8 miles to the camp.

Best of luck to all teams this season!