Lincoln Lutheran Invitational Cross Country Meet

DATE: Thursday, September 29th, 2022

PLACE: Pioneers Park, West Van Dorn, Lincoln, NE (North Entrance). The

races will start and finish opposite the sled hill (north of Pinewood

Bowl).

TIME: 4:00 p.m. Middle School Fun Run (approx. 1.5 miles)

4:20 p.m. Girls Varsity (5000 m) 5:00 p.m. Boys Varsity (5000 m) 5:30 p.m. JV (Boys and Girls)

Live Results: Go to www.blacksquirreltiming.com then click on the name of the meet in t

SCHOOLS: Archbishop Bergan, College View Academy, Concordia, Cornerstone Christian,

East Butler, Freeman (MS only), Johnson County Central, Lincoln Christian, Lincoln Lutheran, Lincoln Pius X JV-B, Louisville, Tri County, Wahoo, Yutan

RESTROOMS: Located inside the Pinewood Bowl area as well as portable toilets are available.

OTHER: Please **DO NOT** encourage your athletes to warm-up or stretch on the road. This

is a public park and we don't have priority over the traffic (except during the race

itself).

Pioneers Park Cross Country Course

