

2024 District C-1 Track & Field
SCHEDULE OF EVENTS

8:45 AM - Coaches Meeting (HS CAFETERIA)

10:00 AM - Field Events

Series One

Boys Shot Put
Girls Discus
Boys Triple Jump
Girls Long Jump
Boys High Jump
Girls Pole Vault

Series Two

Girls Shot Put
Boys Discus
Girls Triple Jump
Boys Long Jump
Girls High Jump
Boys Pole Vault

1:00 PM - Running Events

1:00 PM 3200 Meter Relay - *Finals*
1:30 PM 100 Meter High Hurdles - *Girls Prelims*
1:45 PM 110 Meter High Hurdles - *Boys Prelims*
1:55 PM 100 Meter Dash - *Prelims*
2:15 PM 400 Meter Dash - *Finals*
2:35 PM 3200 Meter Run - *Finals*
3:05 PM 200 Meter Dash - *Prelims*

BREAK (3:25 PM - 4:00 PM)

4:00 PM 100 Meter High Hurdles - *Girls Finals*
4:10 PM 110 Meter High Hurdles - *Boys Finals*
4:20 PM 100 Meter Dash - *Finals*
4:30 PM 800 Meter Run - *Finals*
4:50 PM 300 Meter Low Hurdles - *Girls Finals*
5:05 PM 300 Meter Intermediate Hurdles - *Boys Finals*
5:15 PM 200 Meter Dash - *Finals*
5:25 PM 1600 Meter Run - *Finals*
5:45 PM 400 Meter Relay - *Finals*
6:00 PM 1600 Meter Relay - *Finals*