



HS ECNC Track and Field Championship

Saturday, May 2, 2026 – 9:00AM



Time Schedule/Order of Events:

8:15 AM Scratch/add meeting **Team Room B** (*East side of the press box*)

9:00 AM – Field Events

	1st Session	2nd Session
Shot Put	Girls	Boys
Discus	Boys	Girls
Long Jump	Girls	Boys
Triple Jump	Boys	Girls
High Jump	Girls	Boys
Pole Vault	Boys	Girls

*****The winner in each heat and the next fastest times will qualify for finals*****

12:00 PM – Running Events

(Girls Followed by Boys)

3200 Meter Relay	Finals
100 Meter Hurdles (Girls)	Prelims
110 Meter Hurdles (Boys)	Prelims
100 Meter Dash	Prelims
400 Meter Dash	Finals
3200 Meter Run	Finals
200 Meter Dash	Prelims

Break – ECNC ALL CONFERENCE WILL BE RECOGNIZED (wrestling, basketball, boys golf)

100 Meter Hurdles (Girls)	Finals
110 Meter Hurdles (Boys)	Finals
100 Meter Dash	Finals
800 Meter Run	Finals
300Meter Hurdles	Finals
200 Meter Dash	Finals
1600 Meter Run	Finals
400 Meter Relay	Finals
1600 Meter Relay	Finals

Unified Track Schedule

10:30 AM	100 Meter Dash	4x100 Relay	LJ	SP
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