

JOHNSON COUNTY CENTRAL INVITATIONAL TRACK & FIELD MEET

JOHNSON COUNTY CENTRAL

MAY 5, 2023

SCHEDULE AND ORDER OF EVENTS

8:30 A.M. Coaches' Meeting

Coaches can pick up the flight and ranked entries at the track upon arrival. Final scratches and substitutes will be made at the coaches' meeting.

9:00 A.M. Field Events

Boys' Discus followed by Boys' Shot
Girls' Shot followed by Girls' Discus
Girls' Long Jump followed by Boys' Long Jump
Boys' Triple Jump followed by Girls' Triple Jump
Boys' High Jump followed by Girls' High Jump
Girls' Pole Vault followed by Boys' Pole Vault

The Boys' Long Jump and Girls' Triple Jumps will begin immediately after their respective Triple/Long Jump competitions are completed. The Boys' Shot Put and Girls' Discus can start at approximately 10:00 A.M.

Starting heights will be determined at the coaches' meeting. Competitors will have three attempts, with the top eight advancing to the finals in all events except the high jump and pole vault.

1:00 P.M. Running Events

Girls/Boys	3200 Meter Relay	Finals
Girls/Boys	100/110 Meter Hurdles	Prelims
Girls/Boys	100 Meter Dash	Prelims
Girls/Boys	400 Meter Dash	Finals
Girls/Boys	3200 Meter Run	Finals
Girls/Boys	200 Meter Dash	Prelims

15 - 30 Minute Break

Girls/Boys	100/110 Meter Hurdles	Finals
Girls/Boys	100 Meter Dash	Finals
Girls/Boys	800 Meter Run	Finals
Girls/Boys	300 Meter Hurdles	Finals
Girls/Boys	200 Meter Dash	Finals
Girls/Boys	1600 Meter Run	Finals
Girls/Boys	400 Meter Relay	Finals
Girls/Boys	1600 Meter Relay	Finals

We will use both **place and times** to determine finalists.