# 2025 LEWISTON TRACK AND FIELD INVITATIONAL

## **April 15th, 2025**

## **Lewiston Track and Field Complex**

## **ORDER OF EVENTS**

### 9:00 FIELD EVENTS

Boys Discus followed by Girls Discus Girls Shot Put followed by Boys Shot Put Girls Long Jump followed by Girls Triple Jump Boys High Jump followed by Girls High Jump Boys Triple Jump followed by Boys Long Jump

### 12:00 RUNNING EVENTS

| Girls/Boys | 3200 (4x800) Meter Relay | Finals  |
|------------|--------------------------|---------|
| Girls/Boys | 100 / 110 Meter Hurdles  | Prelims |
| Girls/Boys | 100 Meter Dash           | Prelims |
| Girls/Boys | 400 Meter Dash           | Finals  |
| Girls/Boys | 3200 Meter Run           | Finals  |
| Girls/Boys | 200 Meter Dash           | Prelims |

#### (15-30 minute break)

| Girls/Boys | 100 / 110 Meter Hurdles  | Finals |
|------------|--------------------------|--------|
| Girls/Boys | 100 Meter Dash           | Finals |
| Girls/Boys | 800 Meter Run            | Finals |
| Girls/Boys | 300 Meter Hurdles        | Finals |
| Girls/Boys | 200 Meter Dash           | Finals |
| Girls/Boys | 1600 Meter Run           | Finals |
| Girls/Boys | 400 (4x100) Meter Relay  | Finals |
| Girls/Boys | 1600 (4x400) Meter Relay | Finals |

<sup>\*</sup>The eight fastest times from preliminaries will qualify for finals