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Johnson County Central Public Schools



Monthly Newsletter

June/July 2016

SUPERINTENDENT NOTES by Jack D. Moles



The end of another successful school year has overcome us. As usually happens, it felt like we had just started the second semester, then all of a sudden it was mid-May and we were dismissing students for summer. On a personal note, with my last child being a senior I was really hoping the school year would go much slower but I believe this may have been the fastest year I've had in education.

Our last gathering as a staff was an all-staff luncheon and a recognition ceremony. At this event I like to take a lighthearted look back at our school year, as well as take an opportunity to recognize those staff members who will not be with us next year either as a result of retirement or moving on to another position. We recognized seven such individuals this week. Those staff members were:

TIM BLECHA—Mr. Blecha took over as the Industrial Tech (Shop) teacher for this past school year. He does not have an endorsement in Industrial Technology, but we could not find a qualified candidate to replace Rich Richard, who retired a year ago. Mr. Blecha worked to keep the program going. Since we were able to find a fully qualified teacher for next year Mr. Blecha was left without a position. We greatly appreciate his efforts to keep our program going and wish him the best of luck as he looks for a teaching position in his qualified area, Physical Education.

ALTA BOHLING—Over a span of 24 years, Mrs. Bohling served as an elementary teacher for Nemaha Valley Schools, then Middle School Math and Science teacher for JCC. Mrs. Bohling has an infectious love of science that tended to rub off on her students. One of the neat things she has done each spring is to turn at least part of her classroom into a tropical rainforest. Mrs. Bohling is retiring from teaching.

DUSTIN BUGGI—Mr. Buggi first started as a High School Science teacher with Tecumseh, then moved into the Technology Coordinator position. He held that position his entire time with JCC. He has served a combined 13 years with Tecumseh and JCC. Mr. Buggi also did some coaching, most recently as the Head Football Coach and Head Boys Track Coach. I have always wanted my coaches to be great role models and I have met few teachers who can compare to Mr. Buggi as a positive role model for kids. Mr. Buggi has accepted a technology position with Educational Service Unit #4. As we work closely with ESU #4 we will continue to see him on a regular basis.

TANIA DURRE—Ms. Durre has taught High School English for JCC for the past seven years. She has also served as the coach of the Speech and Play Production teams, as well as the director of the school play. I will personally be indebted to Ms. Durre as she coached my son, Grant, to a state championship in Speech. While I know he put in the work to reach that goal, without Ms. Durre's guidance and encouragement I doubt that he would have experienced the same success. Ms. Durre plans to move back to her home state of Illinois to help care for some family situations.

GAIL HUTT—Mrs. Hutt is a phenomenal elementary teacher who will be retiring after 27 years with Tecumseh and JCC. About five years ago she moved from the regular classroom to the position of Reading Teacher. In this role she worked closely with all of our elementary teachers at the Cook site as we grew our Reading Street program. Mrs. Hutt is a very caring teacher—one of the most caring teachers I have ever met. Her plan is to spend more time with her husband, Chris, who retired a year ago and her grandchildren.

NICHOLE JUSTESEN—Mrs. Justesen has served as a High School Science teacher for JCC for the past four years. She also did some coaching, serving as the Head Volleyball Coach, as well as an assistant coach in both girls basketball and track. Mrs. Justesen has a great sense of humor and always seems to be smiling. I will always remember her for her “hands on” projects in Physics in which students constructed things, mostly notably an air gun and a large catapult. Mrs. Justesen will become a Counselor for Elmwood-Murdock. She and her family live in the Elmwood-Murdock district.

SHELLEY MOLES—Mrs. Moles has served as a Counselor for Nemaha Valley, then JCC over the past 16 years. She also served as the Art Teacher for Nemaha Valley until our merger. She has helped many seniors over the years to receive scholarships and other financial aid for college. She is retiring and is facing some big events in the next several months as our youngest daughter will be married in October, and our first grandchild will be born in July.

RODNEY ROESENER—Rodney wins the longevity award this year as he is retiring after driving school buses for Nemaha Valley and JCC for the past fifty years. Rodney always had a cheerful attitude and was one of our most dependable drivers. He will be greatly missed, but I hope we are able to convince him to sub once in a while.

RACHEL WALTERS—Rachel has served as a paraprofessional for us for the past two years. She has been a very helpful aide and I know the kids will miss her.

To these nine people I say thank you for the combined 144 years of service you gave to our children and our school. You have each had a large, positive impact on our school and we are appreciative. I wish you all much luck and happiness in the future.

SUMMER MONTHS

Students, and probably parents, are ready for the relaxed atmosphere of summer. They get the opportunity to get out of the school routine and not be as tied to timelines. However, a complete abandonment of routine, academics, and discipline can be very counter-productive as kids near the return to school in August. For that purpose, I would like to pass on a few tips that may help students and parents to deal with summer:

- Do keep some routines in place. The most obvious in preparation for the beginning of a new school year would be to maintain regular bedtime hours and to have those hours close to what the school year hours that are normally maintained. Other routines that should be maintained might be chores and regular meal times.
- Expect your child to maintain summer reading and academic pursuits. Carl Pickhardt, a psychologist who is a regular contributor to Psychology Today, suggests that four hours a week is a very attainable goal for academics. Do encourage your child to read grade/age appropriate materials regularly during the summer.
- Limit the hours of screen time (TV, computer games, computers and iPads, cell phones). Pickhardt recommends that this time be limited to no more than 15 hours per week during the summer. Most appropriately, he said, “A kid playing by himself in a dark room—I just don’t think that should be the summer experience.” I also read an article recently in which the writer said that her son was never a big reader until she limited the amount of screen time he had. Once he had to fill his time in another way he started to read more. It would be a good strategy to set the exact times in a given day that screen time can be accessed.
- Encourage your child to get outside for exercise, play, and exploration every day if possible. Mental improvement is needed, but so is the too often overlooked physical improvement.

- One strategy to try would be to encourage your child to attempt a new hobby. This would serve to hold his/her interest, but also to continue to learn in an active manner.
- Take advantage of camps. These can be in many forms: Vacation Bible School, sports camps, academic camps, and 4-H camps. All serve to provide great learning experiences, opportunities to build on skills, and learn to interact with others.
- If your child is in high school and expects to play sports during the school year, expect him/her to take part in the camps and leagues that are available, as well as getting into the weight room or conditioning program on a regular basis. The days of competing on a high enough level without taking part in summer activities really disappeared many years ago. The teams that are the most competitive do not depend on natural ability alone. I know that our opposing schools will have their athletes involved during the summer—ours should be as well. There are regular weight room hours in which coaches are present. If you as a parent do not know those hours I recommend finding out what they are.
- Provide short day trips as learning experiences and family-bonding opportunities for your child. There are many great area sites that would provide for fun-filled and educational opportunities. Examples include Henry Doorly Zoo in Omaha, Homestead National Monument in Beatrice, Arbor Lodge and the Lewis and Clark Center in Nebraska City, Morrill Hall and the Children's Museum in Lincoln, and the Air and Space Museum in Ashland.

I think summer should be a fun time for kids, but should not be a time that they abandon everything to do with school. I especially encourage them to have fun with their parents.



NEWS FROM PRINCIPAL RICK LESTER

Summer is here.....which means hot weather, family vacations and summer camps. Our students have a number of sports camps and weight lifting/conditioning throughout the summer. Encourage your student athletes to attend and stay discipline in helping them become better student athletes by attending the camps and daily weight lifting/conditioning.

We have finished the four class meeting for driver's education, now the teacher, Mr. Luke Boldt is setting up behind the wheel time for each student. Each student will get at least 6 hours of driving.

All students 9th thru 11th grade can come to the high school office to pick up their report cards starting Monday, June 6, 2016.

Have a great summer!!

Middle School News from Rich Bacon, Principal and Athletic Director

The Middle School Academic Awards Program was held on Wednesday, May 21st in the Middle School gym. Many students were recognized by their teachers for academic achievements and other accomplishments that were earned throughout the year. Eighth graders Jazdia Ascherman, Carrie Beethe, Sam Buss, Gabe DeFreece, Levi Dorsey, Gwen Goracke, Tanner Kerner, Paola Solis, Andruw Stafford, Eli Waring and Jacob Wolter were announced as winners of the prestigious President's Award for Educational Excellence. This award recognizes academic success in the classroom as each of these 8th grade students maintained a grade of 90% or above throughout the school year and scored in the 85th percentile on a national assessment in math or reading. Each of these students was honored with a letter of congratulations from President Obama, a certificate of achievement and a pin. Eli Waring was awarded the 6th annual Woodman American History Award presented to the 8th grader who best demonstrates a passion for American History. Seventh graders Calvin Antholz, Boston Bailey, Devon Conley, Kylie Kleespies, Katie Little and Saylor Rother qualified for the Duke University Talent Identification Program. Duke TIP works with students, families and educators to identify, recognize, challenge, engage, and help students reach their highest potential. Calvin Antholz, Boston Bailey and Kylie Kleespies qualified to participate in the Duke Academy for Summer Studies based on their ACT scores. *Congratulations Calvin, Boston and Kylie for earning this prestigious honor!* Seventh Graders Uriel Cabrales, Devin Conley and Jason Kettelhake received recognition for perfect attendance this past school year. This is the second straight year of perfect attendance for Jason. Middle School students Carrie Beethe, Sam Buss, Eli Waring, Calvin Antholz, Saylor Rother, Kaita Baird, Madelyn Harrifeld, Treyton Holthus, Vanessa Jimenez, Lane Othmer, Emma Straka, and Isabella Wolter were recognized for academic excellence for both the 1st and 2nd semester in the classes that give semester grades. These were just a few of the students to receive recognition for their academic achievements. Congratulations to all students for the many wonderful accomplishments that were achieved this past school year.

All students, grades 9-12 who plan to participate in NSAA sponsored activities during the 2016-2017 school year need to turn in a signed Parental Consent form. This must be done before a student is eligible for practice and competition in any activity that is under the jurisdiction of the Nebraska School Activities Association. The participating student and one of his/her parents or guardians must sign the certificate of consent and turn this certificate into the school office. By signing this consent form parents and students acknowledge that they understand there are risks involved in any activity. This parental consent form must be on file at school for every student who participates in NSAA activities.

Each student, grades 7-12, who expects to participate in athletic contests shall present to the superintendent, principal, or school representative once each year, before actual participation in any interschool sport, a physician's certificate on a form recommended by the NSAA that he/she is physically fit for athletic participation. This physical examination must be given during the school year in which the student participates or during the summer vacation period which precedes the school year in which the individual participates. Also, all incoming 7th graders, freshmen and juniors must complete the ImPact Concussion test to establish a baseline in the event of a head injury. This test will be conducted by school officials and must be done before an athlete is allowed to practice or participate in a contact sport (football, volleyball, softball, basketball, wrestling, jumping events in track & field).

Parental consent forms were included with each student's report cards and physical evaluation forms can be picked up in the office at both sites. Please contact the school if you need either of these forms. All athletes who plan to participate in a fall sport need to take care of this prior to the beginning of fall practice on August 8, 2016 for girls' golfers and football players or August 15, 2016 for anyone participating in volleyball or cross country.

I hope everyone has a safe, enjoyable summer. While everyone needs to take time to relax during the summer months, this is also a critical time for athletes to work on skill development for their particular activities. If student-athletes don't take responsibility to work on their skills, it makes it very difficult to be competitive during the sports season. In an attempt to encourage high school student-athletes to participate in the summer weight and conditioning program and work to improve their individual skills, each head coach has established three goals or benchmarks for their athletes to work toward. Once an athlete reaches one of the three benchmarks he/she will be recognized at the opening-day school assembly and awarded a t-shirt signifying the accomplishment. An athlete that reaches the first benchmark will receive a red shirt, the second benchmark will receive a black shirt, and the third benchmark will receive a gold shirt. As the great Muhammad Ali said, "The fight is won or lost far away from witnesses-behind the lines, in the gym, and out there on the road, long before I dance under those lights."

CONCUSSION INFORMATION

The [Nebraska Concussion Awareness Act](#) was signed into law Governor Heineman in April, 2012. The bill affects any schools having athletes 19 years old or younger, as well as any sports organization, including youth leagues, club sports, or any organization sponsoring a sporting activity where there is a cost to participants or where such costs are sponsored.

There are 3 primary components to the Nebraska Concussion Awareness Act:

Education – (a) concussion educational training must be made available to all coaches on how to recognize symptoms of a concussion, and how to seek proper medical treatment. (b) Athletes and parents must be provided concussion information prior to an athlete's participation on an annual basis that includes (i) signs & symptoms of a concussion, (ii) risks posed by sustaining a concussion, and (iii) actions an athlete should take in response to sustaining a concussion – including informing their coaches.

Removal of Athlete – an athlete presenting with signs or symptoms of a concussion thereby being “reasonably suspected” of having sustained a concussion (a) must be removed from participation, and (b) may not return to participation until evaluated by appropriate licensed health care professional, *and*,

Written & Signed Clearance for Return to Play (RTP) – an athlete having been removed from participation for the purpose of presenting with signs or symptoms or “reasonably suspected” of having sustained a concussion must have, before RTP or participation is allowed by a coach, (a) written and signed clearance from an appropriate licensed health care professional, and (b) written and signed clearance from the athlete's parents.

This law has changed the way concussions have been handled in the past. Schools/Organizations must notify a parent of a concussed athlete of the date and time of the head injury, the observed signs & symptoms, and action taken. Schools/Organizations will need to have concussion educational information readily available, and they must demand written clearance for RTP from a licensed health care professional and parent for any concussed athlete. Schools should anticipate the number of concussions, if appropriately “recognized”, to increase significantly; on average, 10% of athletes in a contact or collision sport, and 15%-20% of FB players. Coaches will not only have a duty, but will be required to know the “Signs and Symptoms” of a concussion, and will be responsible for “recognizing” concussions and the potential for head injury. Coaches will have to remove any such athlete “reasonably suspected” of having sustained a concussion, and not allow that athlete to RTP without the athlete first being evaluated by an appropriate licensed health care professional, and without the athlete having written clearance from both a licensed health care professional and parent.

So what's the reality of it? The most difficulty in complying with this law will be the understanding of what is considered a concussion by coaches and parents. The most painful aspect for coaches dealing with concussions will be: “a ding is a concussion”. An athlete that got “dinged” or had their “bell rung” is very likely to present with fairly recognizable signs and symptoms and is to be considered having sustained a concussion - regardless at what point the signs and symptoms may clear. Another point is, RTP of a concussed athlete will be essentially out of the hands of a coach, if at any point there are any signs or symptoms, or one is “reasonably suspected” of sustaining a concussion. No longer can there be any reasoning or judgment on the part of a coach, or parent, as to how minor or severe a concussion might be as to when a coach might think it's OK for an athlete to RTP – RTP will be solely restricted to a licensed health care professional's decision. It will be prohibitive for an athlete presenting with signs or symptoms in a game, even briefly, to RTP within the same game, and may become a rarity for an athlete concussed in a Friday night FB game to return for the following week's game.

Conversely, an athlete could essentially resume play, provided an appropriate assessment was made where no such findings were apparent to a coach. Removal, evaluation by a licensed health care professional, and written clearance are necessary in the event “signs and symptoms” were present or a concussion was “reasonably suspected”. Finally, asking an athlete “Are you OK, can you go?” will no longer be an appropriate means to assess their condition. Coaches will need to follow an appropriate method of sideline assessment for recognizing potential concussions.

[Adapted from the Nebraska Sports Concussion Network website]

A Parent's Guide to Concussion in Sports

Taken from the NSAA website and the National Federation of State High School Associations

What is a concussion?

A concussion is a brain injury which results in a temporary disruption of normal brain function. A concussion occurs when the brain is violently rocked back and forth or twisted inside the skull as a result of a blow to the head or body. An athlete does not have to lose consciousness ("knockedout") to suffer a concussion.

Concussion Facts

- It is estimated that over 140,000 high school athletes across the United States suffer a concussion each year. (Data from NFHS Injury Surveillance System)
- Concussions occur most frequently in football, but girl's lacrosse, girl's soccer, boy's lacrosse, wrestling and girl's basketball follow closely behind. All athletes are at risk.
- A concussion is a traumatic injury to the brain.
- Concussion symptoms may last from a few days to several months.
- Concussions can cause symptoms which interfere with school, work, and social life.
- An athlete should not return to sports while still having symptoms from a concussion as they are at risk for prolonging symptoms and further injury.
- A concussion may cause multiple symptoms. Many symptoms appear immediately after the injury, while others may develop over the next several days or weeks. The symptoms may be subtle and are often difficult to fully recognize.

What are the signs and symptoms of a concussion?

SIGNS OBSERVED BY PARENTS, FRIENDS, TEACHERS OR COACHES	SYMPTOMS REPORTED BY ATHLETE
Appears dazed or stunned	Headache
Is confused about what to do	Nausea
Forgets plays	Balance problems or dizziness
Is unsure of game, score, or opponent	Double or fuzzy vision
Moves clumsily	Sensitivity to light or noise
Answers questions slowly	Feeling sluggish
Loses consciousness	Feeling foggy or groggy
Shows behavior or personality changes	Concentration or memory problems
Can't recall events prior to hit	Confusion
Can't recall events after hit	Confusion

What should I do if I think my child has had a concussion?

If an athlete is suspected of having a concussion, he or she must be immediately removed from play, be it a game or practice. Continuing to participate in physical activity after a concussion can lead to worsening concussion symptoms, increased risk for further injury, and even death. Parents and coaches are not expected to be able to "diagnose" a concussion, as that is the job of a medical professional. However, you must be aware of the signs and symptoms of a concussion and if you are suspicious, then your child must stop playing:

When in doubt, sit them out!

All athletes who sustain a concussion need to be evaluated by a health care professional who is familiar with sports concussions. You should call your child's physician and explain what has happened and follow your physician's instructions. If your child is vomiting, has a severe headache, is having difficulty staying awake or answering simple questions he or she should be taken to the emergency department immediately.

When can an athlete return to play following a concussion?

After suffering a concussion, no athlete should return to play or practice on that same day. Previously, athletes were allowed to return to play if their symptoms resolved within 15 minutes of the injury. Studies have shown us that the young brain does not recover quickly enough for an athlete to return to activity in such a short time. Concerns over athletes returning to play too quickly have led state lawmakers to pass laws stating that no player shall return to play following a concussion on that same day and the athlete must be cleared by an appropriate health-care professional before he or she is allowed to return to play in games or practices. The laws also state that concussion educational training must be made available to all coaches on how to recognize symptoms of a concussion, and how to seek proper medical treatment.

Once an athlete no longer has symptoms of a concussion and is cleared to return to play by a health care professional knowledgeable in the care of sports concussions he or she should proceed with activity in a step-wise fashion to allow the brain to re-adjust to exertion. On average the athlete will complete a new step each day. The return to play schedule should proceed as below following medical clearance:

Step 1: Light exercise, including walking or riding an exercise bike. No weightlifting.

Step 2: Running in the gym or on the field. No helmet or other equipment.

Step 3: Non-contact training drills in full equipment. Weight-training can begin.

Step 4: Full contact practice or training.

Step 5: Game play.

If symptoms occur at any step, the athlete should cease activity and be reevaluated by their health care provider.

What can I do?

- Both you and your child should learn to recognize the “Signs and Symptoms” of concussion as listed above.
- Teach your child to tell the coaching staff if he or she experiences such symptoms.
- Emphasize to administrators, coaches, teachers, and other parents your concerns and expectations about concussion and safe play.
- Teach your child to tell the coaching staff if he or she suspects that a teammate has a concussion.
- Monitor sports equipment for safety, fit, and maintenance.
- Ask teachers to monitor any decrease in grades or changes in behavior that could indicate concussion.
- Report concussions that occurred during the school year to appropriate school staff. This will help in monitoring injured athletes as they move to the next season’s sports.

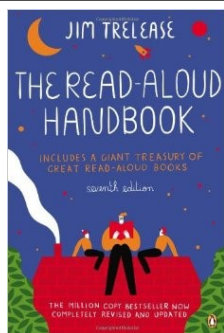
Elementary News

J O N R O T H E R
E M A I L : J O N . R O T H E R @ J C C E N T R A L . O R G
T W I T T E R : @ J O N R O T H E R



SPECIAL POINTS OF INTEREST:

- Monday, June 6—
Summer School
begins.



Jim Trelease has done his homework when it comes to reading and the benefits for, not only children, but for everyone. If you can get your hands on a copy (and I have one), or if you visit his webpage (<http://www.trelease-on-reading.com/>) you will find many resources and support for reading.

How Inconvenient

More often than not, doing the most important work is not convenient. It's harder, it's more time consuming and can be more frustrating. Students are often inconvenienced by their homework. I can just hear my own kids now: "Awww, man! I have too much homework! I won't be able to do anything tonight!" (You have to imagine a very whiny voice there too, or a frumpy teenager schlumping down onto the couch.)

But, it's not just kids and teenagers. It's us adults also. We've just gotten better at not whining, refusal or throwing temper tantrums. Sure, some of us still do. But, most have replaced these with demands, procrastination or delegating.

I've read a bit about the 80/20 principle. This is where 80% of the work is done by 20% of the people. Wow! What are those other people doing? Or, not doing? Look it up. It's pretty interesting.

Anyway, back to inconveniences. I've experienced inconvenienced people many times. (Me being one of them.) I question myself about my attitude. Why am I upset? Why don't I want to do whatever it is? Sometimes, I find that I am just being inconvenienced. I'm not getting to do what I want to do, when I want to do it. Or, I'm not getting what I want, when I want it.

When working with our children, I think it is very important that we consider this when we're getting frustrated. We need to ask ourselves if it's just an inconvenience for us to spend a little more time with a child, or to deal with a demanding child. If it's an inconvenience to get our hands dirty, or grass stains on our pants when our children want to do an activity with us. Will we be missing out on our favorite show if we lay down with our kids and read them to sleep? Will we not get all the things done that *we* want to do if we take the extra time that a child needs?



Cook Site Honors Program Recognitions
President's Award for Academic Excellence 8th Grade Recipients



From left to right Back Row: Jazdia Ascheman, Samuel Buss, Carrie Beethe, Andruw Stafford, and Paola Solis. Front Row: Levi Dorsey, Gwendalyn Goracke, Jacob Wolter, Eli Waring and Tanner Kerner. Not Pictured: Gabriel DeFreece.

The President's Award for Academic Excellence recognizes students who have achieved high academic goals through their hard work and dedication to learning. Student's receiving the award must have an overall grade average of 90%. They also must have scored above the 85th percentile on a standardized assessment, MAPS or NeSA, in either reading or mathematics.

Students meeting these criteria received a President's Award for Excellence in Education lapel pin, a signed certificate from the President of the United States, Barak Obama and the US Secretary of Education, Arnie Duncan. In addition, students received a letter from the President encouraging them to continue excellence in education.

President's Award for Academic Excellence 5th Grade Recipients



From left to right Back Row: Erika Cabrales, Brandon Speckmann, Cameron Schuster, Cole Robeson, Jacob Liscomb, and Aiden Weber. Front Row: Dani Andersen, Chayce Oenbring, Anzel du Preez, Isaiah Kissiar, and Hayden Huskey.

Middle School Community Service Awards

In the student handbook there is a form for Community Service Awards. The volunteer hours accumulate from April to April for each school year. Students who receive community service awards must complete a minimum of 10 hours of community service. Activities are to be items that improve the communities of our school district such as trash pick-up, church activities, volunteer work at Belle Terrace and many other volunteer activities. All hours must be volunteer without financial compensation. Students who are eligible for the awards can complete the Community Service Award form and turn it into Mrs. Bacon by April 15 of each school year. Students volunteering 10-19 hours receive a Bronze medal, 20-29 hours a Silver medal and 30 or more hours a Gold medal.

Recipients of the Middle School Community Service Award include:

8th Grade: Carrie Beethe, Samuel Buss, Gabriel Defreeze (not pictured), and Caleb Eggleston.

7th Grade: Dalton Berkebile, Jason Kettelhake, Kylie Kleespies, Ashlei McDonald, Hayley Neemann, and Saylor Rother.

6th Grade: Ava Berkebile, Matthew Jansen, Lane Othmer and Isabella Wolter.



Middle School Academic Recognition **2nd Semester Students with All A's**

Students pictured below earned an A (94% or better) in every class second semester.



From Left to Right: Isabella Wolter (6th), Calvin Antholz (7th), Carrie Beethe (8th), Eli Waring (8th), Made-lynn Harrifeld (6th), Saylor Rother (7th), and Kaita Baird (6th).

2nd Semester Students with Distinction

Students pictured below earned all A's (94% or better) and one B (86% or better) second semester.



From left to right: Samuel Buss (8th), Treyton Holthus (6th), Lane Othmer (6th), Emma Straka (6th), and Vanessa Jimenez (6th).

Perfect Attendance for the School Year

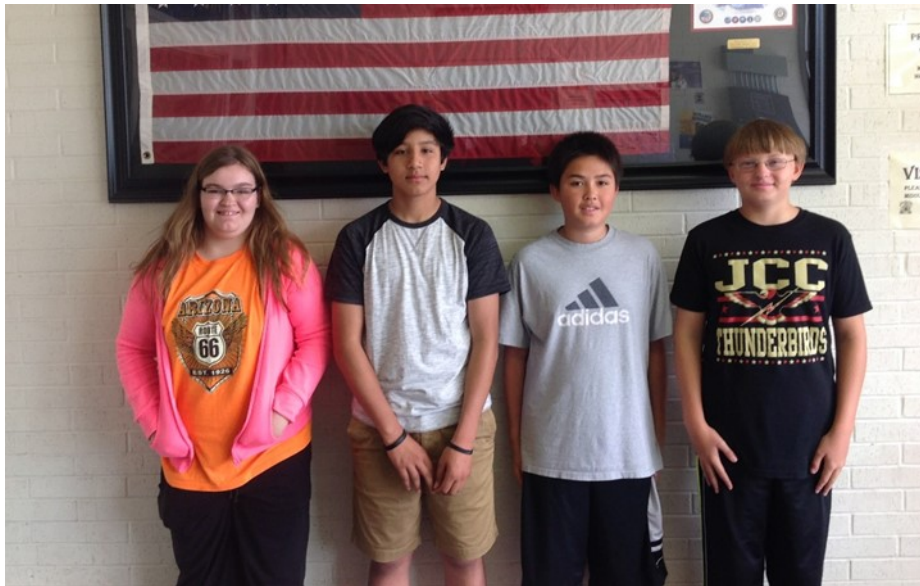
Students pictured below for perfect attendance did not miss any school time throughout the year.



Students at the Tecumseh Site Elementary include from left to right: Trevin Huskey (2nd), Ashley Beethe (2nd), Jessa Adams (K), Danny Kongmanyvong (2nd), Trey Lubben (K), Harley Lubben (2nd), and Alexander Cruz (3rd).



Students at the Cook Site Elementary include from left to right: Kaityn Schuster, Sunnie Rother, Erika Cabrales, and Michael Bernadt.



Students at the Middle School include from left to right: Madison Adams, Uriel Cabrales, Devin Conley, and Jason Kettelhake.

the Cook Site Elementary include from left to right: Kaityn Schuster, Sunnie Rother, Erika Cabrales, and Michael Bernadt.



#ThunderbirdPride¹²

Johnson County Central Middle School Honor Roll Fourth Quarter 2015-2016

Grade 8

Carrie Beethe (All A's)

Samuel Buss

***Gabriel DeFreece**

***Tanner Kerner**

Manuel Ramirez

Aldo Reyes

Paola Solis

Monica Thipphavong

Eli Waring (All A's)

Jacob Wolter (All A's)

Grade 7

Edwin Aguirre

Calvin Antholz (All A's)

***Boston Bailey**

***Kenia Barrientos**

Dalton Berkebile

Devin Conley (All A's)

***Jason Kettelhake**

***Kylie Kleespies**

Kyle Laue

Katie Little (All A's)

Sebastian Luevanos-Rojas

Ashlei McDonald

Morgan Moran

Hayley Neemann

Miguel Orozco

Zadie Plager (All A's)

Saylor Rother (All A's)

Ruby Valles

Grade 6

Kaita Baird (All A's)

Logan Barras

Ava Berkebile

Jonathon Duncan

Gina Golden

Saydee Hardesty

Madelyn Harrifeld (All A's)

***Treyton Holthus**

Mathew Jansen

***Vanessa Jimenez**

Dakotah Ludemann

***Lane Othmer**

Madison Pingel

Emma Straka (All A's)

Emma Swanda

Emma Walters

Isabella Wolter (All A's)

Fransisco Xayaphonesongkham

Honor Roll students have no grade lower than a B.

***Honor Roll with distinction is based on student's having all A's with only one B**

Johnson County Central Middle School Honor Roll

2nd Semester 2015-2016

Grade 8

Carrie Beethe (All A's)

*Samuel Buss

*Gabriel DeFreece

*Tanner Kerner

Manuel Ramirez

Paola Solis

Monica Thippavong

Eli Waring (All A's)

*Jacob Wolter

Grade 7

Edwin Aguirre

Calvin Antholz (All A's)

*Boston Bailey

Kenia Barrientos

Dalton Berkebile

*Devin Conley

Chloe Curry

*Jason Kettelhake

Kylie Kleespies

Kyle Laue

Katie Little

Ashlei McDonald

*Morgan Moran

Hayley Neemann

Zadie Plager (All A's)

Saylor Rother (All A's)

*Ruby Valles

Grade 6

Kaita Baird (All A's)

Logan Barras

Ava Berkebile

Jonathon Duncan

Gina Golden

Saydee Hardesty

Madelyn Harrifeld (All A's)

*Treyton Holthus

Mathew Jansen

*Vanessa Jimenez

Dakotah Ludemann

*Lane Othmer

Madison Pingel

Emma Straka (All A's)

Emma Swanda

Emma Walters

Isabella Wolter (All A's)

Fransisco Xayaphonesongkham

Honor Roll students have no grade lower than a B.

*Honor Roll with distinction is based on student's having all A's with only one B

JOHNSON COUNTY CENTRAL HIGH SCHOOL
FOURTH QUARTER HONOR ROLL
2015-2016

Seniors

Jesus Castor
Mitchell Faris
Aaron Johnson*
Nathan Liberty
Grant Moles* - All A's
Bryan Murphy
Tyson Parrish
Bryce Sahs
Samuel Sterup
Sydney Wenzl

Juniors

Marissa Borrenpohl* - All A's
Schyler DeFreece* - All A's
Sara Kettelhake
Keaton Kleespies* - All A's
Sopha Kongmanyvong*
Jesse Reyes
Alejandra Rojas
Samuel Saldivar
Mark Splichal

Honor Roll with Distinction*

Students earn at least a 94%
average with all A's and a
maximum of one "B"

Sophomores

Gabriela Alvarado
Charla Eggleston
MacKenzie Eltiste
Sierra McClintock* - All A's
Aleisha McDonald* - All A's
Hannah Swanda*

Freshmen

Sarai Ares
Josh Bailey
Connor Bartels*
Tyler Bartels
Andrew Beethe
Dakota Cook
Alexis Graham*
Kole Kleespies*
Corral McClintock* - All A's
Diego Reyes
Jordan Rodriguez*
Simon Rother*
Faith Sahs
Tyler Sedersten

Honor Roll:

Students earn no class
grade lower than a "B"

JOHNSON COUNTY CENTRAL HIGH SCHOOL
SECOND SEMESTER HONOR ROLL
2015-2016

Seniors

Mireya Avitia
Spencer Dorsey
Mitchell Faris
Tabitha Hidalgo
Aaron Johnson*
Nathan Liberty
Grant Moles* - All A's
Bryan Murphy
Natalie Roddy
Samuel Sterup

Juniors

Marissa Borrenpohl* - All A's
Schyler DeFreece* - All A's
Erin Hunzeker
Sara Kettelhake
Keaton Kleespies* - All A's
Sopha Kongmanyvong* - All A's
Jesse Reyes
Alejandra Rojas
Samuel Saldivar
Mark Splichal

Honor Roll with Distinction*

Students earn at least a 94%
average with all A's and a
maximum of one "B"

Sophomores

Gabriela Alvarado
Charla Eggleston
MacKenzie Eltiste
Taylor Gerdes
Nicholas Goracke*
Vanhna Kongmanyvong
Paige Kraus
Sierra McClintock* - All A's
Aleisha McDonald* - All A's
Tia Parrish
Macey Pietzyk
Hannah Swanda*

Freshmen

Sarai Ares
Josh Bailey
Connor Bartels* - All A's
Tyler Bartels
Andrew Beethe* - All A's
Erika Cruz
Alexis Graham* - All A's
Kole Kleespies* - All A's
Corral McClintock* - All A's
Diego Reyes
Jordan Rodriguez*
Simon Rother* - All A's
Faith Sahs
Tyler Sedersten

Honor Roll:

Students earn no class
grade lower than a "B"

**Johnson County Central
Middle School
Fall Walk-Through
Wednesday, August 17th
6:00 pm @ Cook site**

To: 6th, 7th, & 8th Grade Students and Parents

Middle School is a critical step in a student's education. It presents new changes and challenges. We hope to help make this a smooth transition with the Fall Walk-Through by allowing students to see their schedules, find their rooms and lockers, and meet with their teachers. This time will also allow the parents to see what is expected of their children in each class regarding home-work, lecture notes, deadlines, note taking, etc.

The Fall Walk-Through will begin at 6:00 pm in the commons area where students will receive their 2016 - 2017 schedules as well as forms to be completed. Following a short welcome in the main gym, students and parents will be dismissed to the student's 1st period class. Each period will meet for approximately 5 minutes. During this time teachers will explain their expectations and guidelines for their classes, plus provide an opportunity for parents and students to ask questions. After the last period, forms will be collected in the commons area and a limited amount of supplies will be available for students to purchase. All students are expected to come prepared for each class with paper, pencils/erasers, pens, highlighter, Kleenex, etc. **Student Planner/Assignment Books and Handbooks will handed out to all students the first day of school.*

Lunch money will be collected in the commons area following the Walk-Through or students may bring money for lunches the first day of school. All lunches are to be paid in advance. **Free & Reduced lunch applications are available.*

School physicals are required for ALL students entering the 7th grade and immunizations must be up to date! School physicals are also required for all 8th grade students who are participating in any sport.

School Physical forms/NSAA Parent Consent forms are available at the Middle School office, High School office or can be found on the school website: www.jccentral.org. Please bring your student's Physical Clearance Form and NSAA Student/Parent Consent Form to the Walk-Through. If you have any questions, please feel free to contact the Middle School @ (402)-864-4181.

Hope to see everyone there!



Accelerated Reading Students Get Supercharged in 4th Quarter

Once again, the students have done an outstanding job with their reading practice this past school year. After slowing down a bit through third quarter, students had more time to get supercharged with their reading in the fourth quarter. Reading points were almost doubled in both the elementary and the middle school. We surpassed the year's goal of 7,000 and finished with a grand total of 8,386.4.

Don't forget to keep reading throughout the summer on those extremely hot evenings after the pool is closed or on a rainy day. Your vocabulary and your grades next year will benefit!



Summer Volleyball

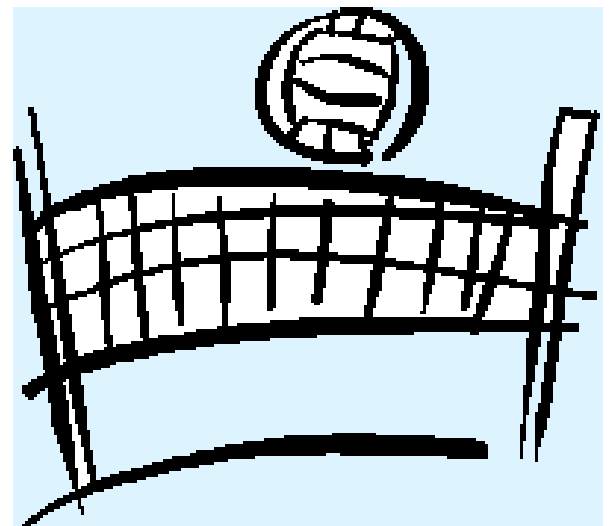
We have a couple of camps we'll be hosting and participating in the beginning of June. Both of which will take place in the mornings as we have several lifeguards and lifeguard trainees.

Throughout July, Jamie Strabue has agreed to do a camp(s). We're still working on those details! We have a decent number going out this year, and we're hoping to build our skills this year.

I would like to give a shout-out to the seniors. So far they've been awesome at being leaders and pushing forward for summer activities. I'm excited to see their leadership develop even more throughout this upcoming season.

Go Thunderbirds!

Coach Schleif



Summer June 2016 Lunch

Menus are subject to change

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	6 Hotdog WG Bun Baked Beans Fruit & Veggies Milk	7 Turkey Wrap Sun Chips Fruit & Veggie Milk	8 BBQ Meatballs Mashed potatoes Fruit Milk Dinner Roll	9 Pizza Fruit & Veggies Cookie Milk		
	13 Stromboli Green Beans Fruit Milk	14 Spaghetti / Meat Sauce Veggies & Fruit Milk WG Bread	15 Ham & Cheese /WG Bun Fruit and Veggies Milk	16 Br. Cheese Stick Corn Fruit Milk		
	20 Corn Dog Baked Beans Fruit Milk	21 Calzone mini Green Beans Fruit Milk	22 Sloppy Joe/ wg Bun Fruit & Veggies Milk	23 Ch. Tenders Smiley Fries Fruit Milk Animal Crakers		
	27 Sloppy Nacho's Fruit & Veggies Cake Milk	28 Goulash Mixed Veggies Fruit B&B	29 Chicken Patty/ WG Bun Veggie & Fruit Milk	30 Breakfast For Lunch		
Menu's are subject to change			"This Institution Is An Equal Opportunity Provider"			

Summer July 2016 Lunch

Menus are subject to change.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	4 <i>Happy 4th of July</i> NO LUNCH	5 Cr. Chicken / WG Biscuit Veggie Fruit Milk	6 BBQ Rib Patty WG Smiley Fries Fruit Milk	7 Turkey Wrap Corn Chips Fruit & Veggie Milk		
	11 Stromboli Fruit & Veggie Milk	12 Walking Taco Fruit & Veggie Cookie Milk	13 Hot Dog WG Bun Baked Beans Fruit Milk	14 Popcorn Chicken Bowl Dinner Roll Milk		
	18 Cheeseburger / WG Bun Potatoes & Fruit Milk	19 Beans & Wee- nies Fruit Corn Bread Milk	20 Meatball Sub Fruit & Veggies Milk	21 Chicken Corn Fruit Dinner Roll Milk		
	25 Chicken Patty/ Bun Fruit Potatoes Milk	26 Cheeseburger Mac Veggie & Fruit Dinner Roll Milk	27 Ham & Cheese / Bun Sun Chips Fruit & Veggie Milk	28 Pizza Salad Fruit Cookie Milk		
Menu's are subject to change				“This Institution Is An Equal Opportunity Provider”		

2016-2017 School Year

Elementary Classroom Supplies

Please label all items with your student's name

Kindergarten: Mrs. Grotrian & Mrs. Borrenpohl

Pencil box
10-12 Pencils
Eraser
4 boxes of Crayons: 1-8 pk., 1-16 pk., 2-24 pks.
8-10 glue sticks
1 small bottle of white glue
A Plastic mat or **small** blanket for rest time
Book Bag
Paint Shirt (man's T-shirt works well)
2 Large boxes of Kleenex
Fiskar Scissors—No Sharp Points
1-2 Containers of anti-bacterial wipes
Small water bottle, 20 oz. or less (preferably flip top)

1st Grade: Mrs. Benson & Mrs. Faris,

2 dozen #2 pencils
3 pks. of 8 crayons & 1 BIG pack of many colors
1 large pencil box
1 paint shirt
1 bottle of Elmer's glue & 8 glue sticks
1 pair (no sharp points) scissors
1 box of Kleenex
4—2 pocket folders: 1 Red, 1 Blue, 1 Green, 1 Yellow
1 drawing tablet
1 large eraser
1—2" binder
1 large shoe box with lid or plastic container with lid
1 container of anti-bacterial wipes
P.E. shoe
1 roll of paper towels
1 box of quart or gallon zip lock baggies

2nd Grade: Mrs. Hemmingsen, Mrs. Robeson & Mr. Meints

2 dozen yellow #2 pencils
1 big eraser
2 glue sticks
1 spiral notebook, wide ruled
1 box 24 crayons
2 pks of 3x5 ruled index cards
1 small pencil box or bag
1-2" binder (3 hole punch)
2 large boxes of Kleenex
2 containers of anti-bacterial wipes
1 roll of paper towels
P.E. Shoes
School bag
1 pair pointed Fiskars scissors

3rd Grade: Mrs. Dieckgrade & Mrs. Heidemann

1 pk of pencils with erasers
1 pk of pencil top erasers
1 pair of scissors
8 glue sticks
1 box of 8 crayons
1 box of colored pencils
1 red checking pen
1 pk. low odor Expo Markers
1 pencil bag
2 wide rule notebooks
1 pk. 3x5 index cards
1 Clorox anti-bacterial wipes
2 boxes of Kleenex
P.E. Shoes
1-1 inch 3 ring binder for Mrs. Heidemann

4th Grade: Mrs. Naber & Mrs. Dorsey

1 pocket folder for homework
Colored Pencils
Crayons
12 yellow, six-sided #2 pencils, sharpened
Red pen
1 spiral notebook
3 boxes of Kleenex
4 glue sticks
1 bottle of white glue
Scissors (Fiskars if possible)
1-2" pink eraser
1 plastic storage box (shoebox sized)
P.E. shoes to be left at school

NO large trapper keepers or binders

5th Grade: Mrs. Crotty & Mrs. Tubbesing

24 Pencils—NO mechanical pencils
Box of 24 or less crayons or colored pencils
Pocket folder
4 glue sticks
Erasers
2 Red checking pens
3 large boxes of Kleenex
P.E. shoes to leave at school
Scissors
2 Spiral notebooks
1 pk. filler notebook paper
1—1" 3-ring binder

NO large trapper keepers or binders



Johnson County Central Public Schools

PO Box 338
Tecumseh, NE 68450

PO Box 255
Cook, NE 68329

Phone: 402 335-3320 Superintendent @ Tecumseh
402 335-3328 Principal @ Tecumseh
402 864-2024 Elementary Office @ Cook
402 864-4171 Principal @ Cook
402 864-4181 MS Office @ Cook
Web Site www.jccentral.org

This newsletter is produced monthly to inform parents, district patrons and others about school events, classroom events, and student achievements in the classroom and extra curricular activities. This information is submitted by faculty and staff members. Information may be submitted to offices at Tecumseh and Cook.

The school reserves the right to edit information in the interest of space and content.

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Non-Discrimination

It shall be the policy of Johnson County Central Public Schools to not discriminate on the basis of race, color, religion, national origin, sex, handicap, or age in its educational programs, activities, or employment practices. There is a grievance procedure for discrimination concerns. Inquiries concerning any of the above, or Title IX and Rehabilitation Act Regulations (504) should be directed to the Superintendent of Schools, 358 N 6th Street, Tecumseh, NE 68329; (402)335-3320.

Child Find

Children that are birth to 5 years old ,who are experiencing problems with speech language, cognitive, emotional and/or physical development or have a disability can receive services through Early Childhood Education Services.

If interested, or in need of more information please contact Rebecca Kling, Special Education Coordinator or Jack Moles, Superintendent at 402-335-3320