All parents wonder if they're getting it right.

You're not alone. Sometimes it's hard to tell what your child needs, what her behaviors mean and if you're doing right by him. Imagine what it might feel like if you could make sense of what your child is really asking from you.

Circle of Security[™] Parenting is an opportunity to join other parents just like you, for an 8-week class where you'll learn to:

- · Strengthen your relationship with your child
- · Be present with your child during the best and toughest of times
- · Recognize your child's needs and make sense of his or her behavior
- Meet your child's needs by being bigger, stronger, wiser and kind

| Who should attend | Parents or Guardians of Young Children (Ages 0-5) |
|---|---|
| Location: First Baptist Church Activity Center, 333 Jackson Street, Tecumseh, NE | |
| Dates: February 10, 17, 24; March 2, 9, 16, 23, 30, 2020 Times: 5:30 PM - 7:30 PM | |
| Cost: FREE | Childcare and a light meal will be provided. Please indicate ages of children needing care when you register. |
| How to register: | Contact Leanne Manning by February 3, 2020 at leanne.manning@unl.edu or 402-821-2151. |
| Presented by: | Leanne Manning |
| Sponsored by: | The Nebraska Department of Health and Human Services, Division of Children and Family Services on behalf of the Nebraska Child Abuse Prevention Fund Board. |
| Materials developed by Nebraska Children and Families Foundation NebraskaChildren.org | |



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