

# WORK SCHEDULE

## THUNDERBIRD JH INVITATIONAL

FIELD EVENTS – 1:00 p.m.

Girls followed by Boys Shot Put (across street-east pad)	Palmyra
Boys Discus (across street)	Southern
Girls Discus (SE corner of track)	Conestoga
Girls followed by Boys Long Jump (1 <sup>st</sup> )-east runway	Tri County
Boys followed by Girls Triple Jump-west runway	Syracuse
Boys followed by Girls Pole Vault	Weeping Water
Girls followed by Boys High Jump	Elmwood-Murdock

**PLEASE BRING EQUIPMENT NECESSARY FOR RUNNING OFF YOUR ASSIGNED EVENT.**

RUNNING EVENTS – 3:30 p.m.

Timers (if needed)

- 1<sup>st</sup> – JCC
- 2<sup>nd</sup> – Conestoga
- 3<sup>rd</sup> – Palmyra
- 4<sup>th</sup> – Weeping Water
- 5<sup>th</sup> – Syracuse
- 6<sup>th</sup> – Southern
- 7<sup>th</sup> – Tri County
- 8<sup>th</sup> – Elmwood-Murdock

Pickers (if needed)

- 1<sup>st</sup> – JCC
- 2<sup>nd</sup> – Conestoga
- 3<sup>rd</sup> – Palmyra
- 4<sup>th</sup> – Weeping Water
- 5<sup>th</sup> – Syracuse
- 6<sup>th</sup> – Southern
- 7<sup>th</sup> – Tri County
- 8<sup>th</sup> – Elmwood-Murdock

Running Events are Finals Only

- 3200m Relay – Girls
- 3200m Relay - Boys
- 100m Hurdles (30") – Girls
- 100m Hurdles (33") – Boys
- 100m Dash – Girls
- 100m Dash – Boys
- 1600m Run – Girls
- 1600m Run – Boys
- 400m Relay – Girls
- 400m Relay – Boys
- 400m Dash – Girls
- 400m Dash – Boys
- 200m Hurdles (30") – Girls
- 200m Hurdles (33") - Boys
- 800m Run – Girls
- 800m Run – Boys
- 200m Dash – Girls
- 200m Dash – Boys
- 1600m Relay – Girls
- 1600m Relay – Boys

Exchange Judges: Weeping Water, Mead, Lincoln Lutheran