

Local, Regional, and National Resources

Resources and services to address mental health and behavioral issues, physical needs, legal concerns, and other issues

Tecumseh

Southeast Nebraska Community Action (SENCA) - <https://www.senca.org/>
172 S 4th St, Tecumseh, NE 68450
(402) 335-2134
Food pantry and other services

The Food Bank of Lincoln - <https://www.lincolnfoodbank.org/get-food/food-finder/>
Mobile Food Distribution through the First Baptist Church
300 Jackson St.
First Monday of each month 2:30-3:30 pm

Family Health Services - <https://fhsi.org/>
509 Broadway St, Tecumseh, NE 68450
(402) 335-2988

Johnson County Child Support
351 Broadway St, Tecumseh, NE 68450
(402) 335-6304

Johnson County Hospital
202 High St, Tecumseh, NE 68450
(402) 335-3361

Broadway Behavioral Health (<https://www.broadwaybehavioralhealth.com/>)
380 Broadway, Tecumseh, NE 68450
(402) 335-3987

Emerson Mental Health & Substance Abuse Use Counseling LLC
(<https://ashley-emerson.clientsecure.me/>)
290 Clay St.
Tecumseh, NE 68450
(402) 864-0778

Mental and Behavioral Health: Surrounding Area

Blue Valley Behavioral Health (Multiple Locations) - <https://bvbh.net/>

820 Central Ave #4, Auburn, NE 68305
(402) 274-4373

1903 4th Corso, Nebraska City, NE 68410
(402) 873-5505

1123 N 9th St, Beatrice, NE 68310
(402) 228-3386

Mourning Hope Grief Center (free family grief support service)
1311 S Folsom St, Lincoln, NE 68522
(402) 488-8989
mourninghope.org

NAMI Nebraska (National Alliance on Mental Illness)
6101 Havelock Ave Ste. 2A
Lincoln, NE 68507
(402) 345-8101
<https://naminebraska.org/>

Boys Town Center for Behavioral Health
13460 Walsh Drive
Boys Town, Nebraska 68010
(531) 355-3358

Boys Town National Research Hospital
14092 Hospital Road
Boys Town, Nebraska 68010
(531) 355-5200
Intakes: (888) 746-9898 (402) 498-6391

Bryan Mental Health Services
Emergency Services at Bryan West
2300 S 16th St, Lincoln, NE
Non-Emergency Mental Health Care: (402) 481-5991

Region 5 Systems - <https://region5systems.net/>
3600 Union Dr.
Lincoln, NE 68516
Email: info@region5systems.net
Phone: (402) 441-4335

Suicide/Talk Hotlines

Boys Town National Hotline
(800) 448-3000
Text VOICE to 20121

National Suicide Prevention Hotline
Call or Text: 988

Nebraska Rural Youth Suicide Prevention
(800) 273-TALK or text HOME to 741741

The Trevor Project (LGBTQ+ Youth)
(866) 488-7386

Nebraska Services

ACCESSNebraska DHHS
Apply for or manage economic assistance (SNAP, ADC) and Medicaid. Phone
(Toll-Free): (800) 383-4278 Phone (Lincoln Office): (402) 323-3900

Nebraska Family Helpline
(888) 866-8660

211 Nebraska
Comprehensive search tool for a variety of services
<https://search.ne211.org/>

Narcotics Anonymous
Search NA meetings:
<https://www.narcotics.com/na-meetings/nebraska/nebraska-city/>

Alcoholics Anonymous

Search AA meetings:

<https://sober.com/aa-meetings/nebraska/nebraska-city/>

Department of Health and Human Services

1908 O St, Auburn, NE 68305

(402) 274-4021

Blue Valley Community Action (bvca.net)

620 5th St.

PO Box 273

Fairbury, NE 68352

(402) 729-2278

Email: changinglives@bvca.net

Child Protective Services

Charles Schwab Field, 1200 Mike Fahey St

Omaha, NE 68102

(402) 595-3250

The Furniture Project

thefurnitureproject.org or email: info@thefurnitureproject.org

10808 J St.

Omaha, NE 68137

Lutheran Family Services (<https://www.onelfs.org/>)

(402) 441-7940 or text to (531) 444-3434

BeBrave Child Advocacy Center (bebrave.org)

(402) 476-3200

Nebraska Migrant Education Program

Website: <https://edn.ne.gov/cms/nebraska-migrant-education-program>

ESU 18 EL Welcome Center

936 N 70th St, Lincoln, NE 68505

(402) 436-1954

Legal Services

American Civil Liberties Union (ACLU) Nebraska - <https://www.aclunebraska.org/>

(402) 476-8091

134 S 13th #1010, Lincoln, NE

aclunebraska.org

complaints of violation of First Amendment rights (speech, association and assembly, press, and religion), equal protection, due process, and right to privacy; may provide representation; complaints received by phone, online form, or mail only

Legal Aid of Nebraska - <https://legalaidofnebraska.org/>

(402) 435-2161

941 O St Ste 325, Lincoln, NE

legalaidofnebraska.org

free legal representation, counseling and information on civil matters to low income citizens; call or apply online

Statewide AccessLine

(877) 250-2016; Mon & Wed, 8:30-11:30 am, Tue & Thurs, 1-4 pm

Nebraska Immigration Legal Assistance Hotline

(855) 307-6730; Mon & Wed 9 am-11 am and 1:30-3:30 pm, Tues & Thurs 9 am-12 pm and 1:30-3:30 pm, Fri 9 am-12 pm

Rural Response Hotline

(800) 464-0258; Mon-Fri 8:00 am-5 pm

Disaster Relief Hotline

(844) 268-5627; Mon-Thurs 9 am-12 pm & 1-3 pm, Friday 9 am-12 pm

Legal Assistance for People with Developmental Disabilities:

(844) 535-3533; Mon-Thurs 9 am-12 pm & 1-3 pm, Fri 9 am-12 pm